



Colossians 2:16-23

Rules of Distraction

1. The Christian life is first and foremost an issue of the _____ rather than an issue of rules.
2. Following rules without knowing the meaning behind them, makes the rule the goal rather than the _____ the _____.
3. Religious people can become fixated on rules rather than fixated on developing their _____ with their Ruler, Jesus.

Colossians 2:16 So don't let anyone condemn you for what you eat or drink, or for not celebrating certain holy days or new moon ceremonies or Sabbaths. **17** For these rules are only shadows of the reality yet to come. And Christ Himself is that reality.

4. After doing things religiously for a period of time, you end up _____.
"I can't remember, did we say grace?"
5. We have been given by God two very rich church ordinances that can easily become an insult and blasphemy to God.
 - a. The Lord's Supper – Do this in _____ of Me.

Luke 22:19 He took some bread and gave thanks to God for it. Then He broke it in pieces and gave it to the disciples, saying, "This is My body, which is given for you. Do this in remembrance of Me."

1 Corinthians 11:24 ... "This is My body, which is given for you. Do this in remembrance of Me."

25 In the same way, He took the cup of wine after supper, saying, "This cup is the new covenant between God and His people— an agreement confirmed with My blood. Do this in remembrance of Me as often as you drink it."

26 For every time you eat this bread and drink this cup, you are announcing the Lord's death until He comes again.

27 So anyone who eats this bread or drinks this cup of the Lord unworthily is guilty of sinning against the body and blood of the Lord.

NLT

b. The tithes and offerings are a form of very _____ worship of the Lord.

Tithes because I'm told to.
Offerings because I get to.

6. The question I need to continually answer for myself is am I doing this or not doing this because I want favor with:

- a. _____
- b. My _____
- c. My _____

7. The main thing in this life is what Jesus said, " _____ _____ _____ _____."